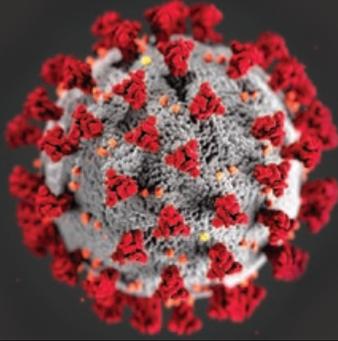




South San Francisco

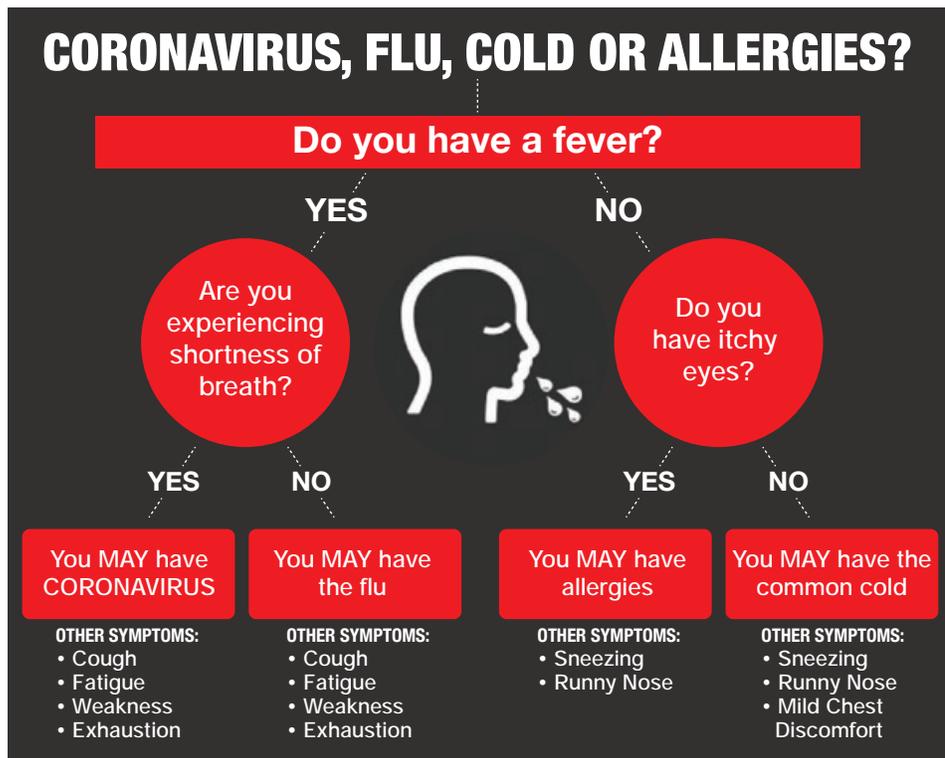
NEWSLETTER SPECIAL EDITION



NOVEL CORONAVIRUS (COVID-19)

The novel Coronavirus (COVID-19), which is causing an outbreak of respiratory illness, first appeared in Wuhan, China in December of 2019, and is now a global pandemic. Right now, you may feel overwhelmed and stressed. Know that you are not alone. These are uncertain times, and we must all turn to each other now and support our neighbors, friends, co-workers and families. Fear might bring out some of our worst instincts, but crises bring out the best in humanity as well. The City of South San Francisco is committed to providing you frequent and up to date information on COVID-19, and how to protect yourself and your family. This newsletter may answer some of your concerns, but regularly check the city website at www.ssf.net/Coronavirus, or email any questions you may have at CityInfo@ssf.net.

What are the symptoms of COVID-19?



The most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhea. These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell. Most people (about 80%) recover from the disease without needing special treatment. Around 1 out of 6 people who get COVID-19 becomes seriously ill and develops difficulty breathing. Older people, and those with underlying medical problems like high blood pressure, heart problems or diabetes, are more likely to develop serious illness. People with fever, cough, and difficulty breathing should seek medical attention.

These are COMMON SYMPTOMS, which may vary from person to person. Only a doctor can give you a diagnosis.

Sources: CDC, NIH

